# Ageing Well in Banyule Framework

2024-2030



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# **Acknowledgements**

## **Acknowledgement of the Traditional Custodians**

Banyule City Council is proud to acknowledge the Wurundjeri Woi-wurrung people as traditional custodians of the land and we pay respect to all Aboriginal and Torres Strait Islanders, Elders, past, present and emerging, who have resided in the area and have been an integral part of the region's history.

### **Banyule Diversity Statement**

"Our community is made up of diverse cultures, beliefs, abilities, bodies, sexualities, ages and genders. We are committed to access, equity, participation and rights for everyone: principles which empower, foster harmony and increase the wellbeing of an inclusive community."

### **Partners**

Council would like to thank the members of the Ageing Well in Banyule Framework Codesign Working Group for their commitment and dedication to ensuring the Framework outlines Council's commitments and goals for older residents and is aligned with the World Health Organisation (WHO) Age Friendly Cities eight domains.

Council would also like to acknowledge the valuable input from the Banyule Age Friendly Committee, along with residents, community groups, local service providers, and Council officers who provided valuable input and feedback. We look forward to continuing to partner with you into the future to create more opportunities for older adults to age well, and support Banyule in its progression to be an Age Friendly City.

### **Policy context**

From a global to local context, a range of key strategic documents have been referenced to inform the Framework. These include:

The World Health Organisation's *UN Decade of Healthy Ageing: Plan of Action 2021-2030,* a values-based strategy that seeks to ensure that no older adult is left behind and that "every human being will have the opportunity to fulfil [their] potential in dignity and equity".

The Australian Government's *National Strategy for an Ageing Australia* and the Victorian Government's *Ageing Well Action Plan: An action plan for strengthening wellbeing for senior Victorians 2022–2026.* 

The Council on the Ageing (COTA) *Strategic Plan 2021-25*, which advocates on matters including housing, aged care reform, digital divide, elder abuse, retirement incomes, participation, health and social inclusion.

# **Message from the Mayor**

Since becoming a member of the World Health Organisation's (WHO) Age Friendly Cities in 2014, Banyule City Council has been committed to enhancing the wellbeing and quality of life of older adults. At Banyule we are proud of our strong collaborations with older adults to improve Banyule as an Age Friendly City. Highlights include the establishment of the Age Friendly Committee and the Age Friendly Champions in 2014 and 2015, the Older Adults Recreation Program which included the establishment of the Seniors Exercise Park in Ivanhoe, achievement of the Rainbow Tick accreditation for our Aged Care Services program in 2017, becoming a signatory to the Every Age Counts campaign, a decade of annual Seniors Festival activities and the Age in Focus publication. Council is delighted to present the next steps in our age friendly journey, the Ageing Well in Banyule Framework 2030.

Older adults play an essential role in Banyule, contributing a wealth of experience and knowledge to our community. They provide valuable support to both our local community and economy through various means such as workforce engagement, active participation in civic affairs, volunteering efforts, and fulfilling caring responsibilities.

I have first-hand experience of what it is like to live, work and participate as an older adult in Banyule. During the consultation process between July and December 2023, Council had the privilege of sharing experiences and ideas with more than 450 of Banyule older adults, including the Age Friendly Committee and Older Adults Framework Codesign Working Group, and our Age Friendly Champions. It was heartening to discover our similar views on what is important as we age, our challenges and our ideas on our age friendly journey.

As a community we have some big issues to tackle, like how we will re-imagine the role of older adults as our world continues to change; how we can show our respect and value for our ongoing contributions; and how we tackle ageism and elder abuse.

As an older adult, I understand the value of connection through working, volunteering, participating in community groups and my social networks and I am confident this Framework will support more older adults to experience these benefits.

The Framework gives us a clear vision of our goals and commitments to realise by 2030. Building on the achievements of the past, we will continue to adapt and deliver Council services, programs and activities to improve the liveability and age friendliness of our city.

We sincerely thank the Older Adults Framework Codesign Working Group, Banyule's Age Friendly Committee and Age Friendly Champions for codesigning this Framework, and for our diverse range of older adults who provided their ideas and feedback to help shape it. We look forward to continuing to collaborate to plan, measure and evaluate meaningful and timely actions and celebrate the great contributions and achievements older adults make in Banyule.

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Mayor

# The Framework at a glance

The term "older adults" is used to describe people aged 60 years and older.

The Ageing Well in Banyule Framework expresses Council's commitment to ensuring Banyule is an Age Friendly City that supports older adults to live well. It extends Council's existing commitment to the World Health Organisation (WHO) Global Network of Cities and Age Friendly Cities Framework Eight Domains<sup>1</sup>. It corresponds with the WHO *UN Decade of Healthy Ageing: Plan of Action 2021-2030* that seeks to ensure that no older adult is left behind and that "every human being will have the opportunity to fulfil [their] potential in dignity and equity".

The Framework recognises that our society has and continues to undergo significant change. Over the past several decades we have all benefited from considerable advancements in medical knowledge and technology, availability of health care, improved living conditions and overall better quality of life.

Banyule residents are now living longer and leading more fulfilling lives. Forecasts suggest that by 2041, almost 1 in 4 Banyule residents will be aged 60 years and older. Older adults make a substantial contribution to community and families. Because we are living longer, over time this contribution has greatly increased.

The Framework outlines the aspirations of older residents and the need to create opportunities for older adults to contribute and be valued. It acknowledges the important contribution older adults make and describes Council's approach to recognising this contribution. It describes Council's commitment to amplifying health and wellbeing outcomes for Banyule's older adults over the next six years.

The commitment and goals in this Framework are long term and aspirational. They are designed to focus Council's efforts and resources on the factors that create better outcomes for older adults. They will be actioned through annual plans, developed in partnership with Banyule's Age Friendly Committee. Our progress will be monitored through checking back in with our communities and measuring impact using impact indicators.

# **Older Adults profile**

Our Banyule population continues to age over time. Between 2016 and 2021, the number of people aged 60 years and older living in Banyule increased by 10.8%.

Based on the 2021 Census, 25% of Banyule residents are aged 60 years and over, this is higher than Greater Melbourne which is 20%. Of those residents 55% are female and 45% male.

We have 0.4% of residents who identify as Aboriginal or Torres Strait islander, or both, who are aged 60 years and older. 21% of older residents use a language other than English at home with 10% of them speaking Italian, Greek or Mandarin.

Current estimates suggest people who identify as LGBTIQA+ represent 11% of the general population. LGBTIQA+ people are likely to be represented by at least the same proportion in older populations.

Many older adults living in Banyule seek to age in place, to remain living independently at home for as long as possible. Between 2017 and 2022, more older adults agreed that Banyule is an age friendly community (Banyule Household Survey 2022).

<sup>&</sup>lt;sup>1</sup> World Health Organisation (n.d), The WHO Age Friendly Cities Framework, https://extranet.who.int/agefriendlyworld/Age Friendly-cities-framework/#:~:text=The%20eight%20areas%20of%20urban,community%20support%20and%20health%20servic es.

As people age, they are more likely to require services to support them to age well at home. Over the next five years, Banyule residents report they are more likely to seek older adults' services including aged care, allied health services, social and recreational programs (Banyule Household Survey 2022).

### What we aim to achieve

We are aiming to support the health and wellbeing of older adults in Banyule by creating a more age friendly and liveable Banyule for older adults.

The World Health Organization (WHO) defines healthy ageing as:

The process of developing and maintaining the functional ability that enables wellbeing in older age.'

WHO identifies that older adults should be supported to:

- Meet their basic needs.
- Learn, grow and make decisions.
- Be mobile.
- Build and maintain relationships.
- Contribute.

In 2015, the World Health Organisation's *World Report on Ageing and Health*<sup>2</sup> stated that organisations, governments and communities all share responsibility to create Age Friendly Cities, as by working together we are better able to support older adults to live well within our communities for longer.

The 2020 Victorian Government report, Ageing well in a changing world, identified eight attributes of ageing well:

- 1. A positive attitude
- 2. Life has purpose and meaning
- 3. Respected and respectful
- 4. Connected to family, friends and society
- 5. In touch with a changing world
- 6. Safe and secure at home and financially
- 7. Able to manage health issues including mental health
- 8. Able to get around.

"Health and wellbeing are determined not only by our genes and personal characteristics but also by the physical and social environments in which we live our lives." <sup>3</sup>

Older adults are diverse, skilled, experienced and aspirational. We recognise and acknowledge that older adult communities are made up of individuals with multiple identities. These identities impact their health and wellbeing status and ability to participate in community life.

When we think about how identities and personal characteristics, such as a person's gender, sex, ethnicity, nationality, religion, ability, mental health, age, lived experience and socio-economic status influences how older adults live, we also need to consider how community level factors impact the way in which older adults live in Banyule.

<sup>&</sup>lt;sup>2</sup> World Health Organisation (2024), World Report on aging and health, <a href="https://www.who.int/publications/i/item/9789241565042">https://www.who.int/publications/i/item/9789241565042</a>

<sup>&</sup>lt;sup>3</sup> World Health Organisation (2024), Age Friendly Environments, https://www.who.int/teams/social-determinants-of-health/demographic-change-and-healthy-ageing/age-friendly-environments

There are a range of community level factors that may negatively impact older adults, and these include ageism, ableism, racism, gender discrimination, colonialism, stigma, discrimination against LGBTIQA+ communities including homophobia, transphobia and intersex discrimination.

We recognise that every older adult is unique and their experiences of living in Banyule are equally as unique. For example, an older adult who identifies as Aboriginal and/or Torres Strait Islander peoples will be more likely to be impacted by colonialism. This is evidenced by being more susceptible to chronic disease and new infections, social dislocation and economic disadvantage, and lower life expectancy<sup>4</sup>.

Older women in Banyule are more likely to experience financial insecurity than men. Data tells us that on average, women retire with less than half as much superannuation as men, and nearly half of women aged 65 to 69 are reported to have no superannuation of their own<sup>5</sup>. We know that the rates of older women experiencing homelessness is growing and this rate is expected to continue to increase in line with growing cost of living pressures. We know older women are more likely to become the victims of both intimate partner violence and other violence including violence from children<sup>6</sup>.

# Why this Framework is important

Older adults tell us that Banyule has many characteristics that make it age friendly and a great place to live. They believe it is important to acknowledge, celebrate and enhance these factors and to support the growing number of older adults to live well and age in place into the future.

Older adults believe the context of how they live, work and participate in Banyule has changed significantly. As a result of living longer and healthier, there are now more older adults contributing to their communities. They are doing this for longer periods and often on a voluntary basis, and in ways communities have not yet recognised. As a result, there is a lack of awareness and acknowledgement of their value and contribution.

Ageism has also been identified as a significant barrier to older adults living and ageing well. Research has shown that ageism is the least understood, yet most pervasive and socially acceptable form of discrimination. A report by the Australian Human Rights Commission found that 63% of people reported having experienced ageism in the past 5 years<sup>7</sup>.

Ageism includes the prejudice, stereotyping and discrimination of people based on their age. In the context of this Framework, it is characterised by the negative perceptions and mistreatment of older people as individuals and the value of older adults in society more broadly. Ageism can result in significant harm to individuals and communities. It can affect people's physical, mental and emotional health, sense of self-worth, limit opportunities to participate in society, and negatively impact on people's work, social and family life<sup>8</sup>.

Older adults believe it is time to redefine contemporary roles, challenge perceptions of older adults and address the issue of ageism in Banyule. This Framework provides the opportunity to do this.

<sup>&</sup>lt;sup>4</sup> Australian Institute of Health and Welfare (2023): Older Australians, <a href="https://www.aihw.gov.au/reports/older-people/older-australians/contents/population-groups-of-interest/indigenous-australians">https://www.aihw.gov.au/reports/older-people/older-australians/contents/population-groups-of-interest/indigenous-australians</a>

<sup>&</sup>lt;sup>5</sup> Australian Human Rights Commission (2018): Intersectionality of age and gender, https://humanrights.gov.au/about/news/speeches/intersectionality-age-and-gender

<sup>&</sup>lt;sup>6</sup> Our Watch (2024): Preventing violence against older women, <a href="https://action.ourwatch.org.au/what-is-prevention/preventing-violence-against-older-women/">https://action.ourwatch.org.au/what-is-prevention/preventing-violence-against-older-women/</a>

<sup>&</sup>lt;sup>7</sup> Australian Human Rights Commission (2021): What's age got to do with it? Report, https://humanrights.gov.au/our-work/age-discrimination/publications/whats-age-got-do-it-2021

<sup>&</sup>lt;sup>8</sup> EveryAGE Counts (2018): About the EveryAGE Counts Campaign <a href="https://everyagecounts2-everyagecounts.nationbuilder.com/about">https://everyagecounts2-everyagecounts.nationbuilder.com/about</a>

Therefore, the Framework is needed to advance the rights of older adults, address the barriers to inclusion and respect, support health and wellbeing, amplify and celebrate the significant and valued contributions older adults continue to make locally.

### The role of Council

Council plays a key role in supporting older adults to live and age well in the City of Banyule. Our primary role is to plan for and provide equitable access to the services, facilities and programs we deliver for all people, including older adults.

### **Banyule Community Vision**

In 2021, Council adopted a new vision for the Banyule community - a vision that captures the community's aspirations and priorities for our city over the next 20 years.



To achieve better outcomes for older adults in Banyule, Council considers our primary responsibility is to:

- 1. Create a municipal plan to support older adults to live and age well in Banyule.
- 2. Maintain local healthy, sustainable and safe urban environments.
- 3. Leverage appropriate planning interventions and controls to support older adults to age in place.
- 4. Foster social and recreation opportunities through providing access to social and recreation infrastructure and programs, including passive recreation and walking.
- 5. Deliver Government funded support programs.
- 6. Keep our older adults informed to help them make informed decisions.
- 7. Support older adults to have a say on matters that affect them and actively contribute to making Banyule a more livable city.

Fundamental to planning and delivering great services, facilities and programs, is Council's ability to understand and respond to the diverse needs of older adults, and ageing, and adapting services, facilities and program to achieve better outcomes over time.

### What we have heard

Understanding the needs and aspirations of older adults was fundamental to the development of the Framework. We consulted with over 450 older adults between July – December 2023, using methods including surveys, focus groups and targeted meetings with stakeholders. The consultation sought to understand what older adults like about Banyule and the issues and opportunities of most importance to them.

Older adults stated that they appreciate Banyule's overall positive atmosphere and identified a range of characteristics that they believe makes Banyule an age friendly place to live, including:

- A good range of community groups and facilities including libraries and community centres.
- Green spaces, parks, walking tracks and playgrounds.
- Cultural, social and learning opportunities.
- Safe and neighbourly communities.
- Good community engagement and communication publications.
- Good initiatives, services and supports offered by Council.
- Good hospital, health facilities and services.
- A range of volunteer opportunities and access to civic participation

Older adults were invited to prioritise matters most important to them. To make Banyule an even better place to live. Older adults suggested Council should focus on:

**Community support and health services.** Older adults want to live independently and stay healthy and active, they seek improved access to well resourced, quality aged care services including home support services, gardening and property maintenance. They need support when caring for and supporting their loved ones, to manage cost of living pressures and to access holistic healthcare services that are affordable and timely. If they need to transition into age care facilities, they want to make sure these are local, high quality and well-resourced to respond to their needs. Older adults ask Council to take an active role in advocating for regulatory change.

**Social participation.** Older adults want to remain connected to community and active, they would like to see more local and affordable social connection opportunities that are engaging and bring like-minded people together. They ask for more support for seniors clubs and opportunities to participate in sports and recreation activities that promote physical health and social connection.

**Transportation and mobility**. Older adults would like to remain independent and engaged with community, they seek coordinated and diverse transport options, including improved community transport. Many older adults using private transport note growing concerns with safe road travel including congestion and difficulties with wayfinding. When they arrive at their destination, they want accessible parking spaces for those with limited mobility and designated spaces for seniors, particularly around community facilities, shopping and health precincts. Safe and accessible walking tracks and footpaths are viewed as important community assets to support older adults to maintain health, fitness and access to community.

**Housing**. Older adults asked Council to take meaningful steps to ensure they can live and age in place in appropriately designed dwellings, with consideration for universal design and planning. They would like to have the opportunity and/or choice to downsize, and for there to be access to diverse and affordable local housing options, especially for older women.

**Respect and Social inclusion**. Older adults say ageism is an issue in the Banyule community. Older adults state they are living longer and are experiencing greater levels of physical health than ever before, yet their potential to contribute to community is not fully recognised or valued. Older adults invite the community to tap into their knowledge and wisdom, to connect them with opportunities to engage, particularly with young people, and to provide more opportunities to contribute to decision making. To recognise and respect their contributions, older adults want their achievements showcased. For some, disconnection from community is leading to social

isolation, especially after the COVID-19 pandemic. Older adults ask Council to tackle these growing levels of social isolation in older adults by addressing barriers to inclusion, including digital literacy, affordability, accessibility, language and access to different forms of communication.

Communication and Information. Whilst older adults recognise that there are many opportunities already on offer within the Banyule community, it can be difficult to take advantage of these if the ways in which information is disseminated do not meet their needs. Older adults ask Council to provide information on programs, services, clubs and initiatives available in Banyule, including Council services and policies. Information needs to be in accessible formats including hard copies for those with lower levels of digital literacy and translated materials or interpreters for those with low levels of English proficiency. To address ageism, older adults ask Council to increase the visibility of older adults in our publications, including more articles showcasing contributions and using positive imaging of older adults. Council is asked to use communication channels to address issues important to older adults, including ageism, age related stereotypes and elder abuse.

# What local research and data tells us

We have reviewed a range of data from the Census, Banyule Household and Community Satisfaction Survey to academic and peak body sources of information. From this information, we understand the following to be true:

- Older adults are generally the most satisfied group in most Banyule communities and their positive experiences of living in Banyule are slowly trending up.
- Most older adults are faring well, reporting positive physical, mental and social wellbeing and positive
  personal financial circumstances. But they are concerned about the cost of living, housing affordability
  and access to healthcare services.
- Many older adults aspire to live and age well in their community and want to remain living independently at home for as long as possible.
- As they age, older adults are more likely to require services to support them to remain living independently and age well at home. Banyule residents report that over the next five years they are more likely to seek older adults' services including home maintenance, older adults' activities, aged care, allied health services, and recreational programs.
- Isolation and loneliness are growing issues for older adults in Banyule, and more likely to impact people living alone, those with limited English proficiency and people who provide unpaid care. This is a concern because higher levels of loneliness are associated with higher levels of social interaction anxiety, less social interaction, poorer psychological wellbeing and poorer quality of life.<sup>9</sup>
- Despite the raising of the retirement age, older adults are less likely to expect good job prospects.

  Unemployment rates remained stable between 2016 and 2021 (Census) and fewer older adults are living below the poverty line.
- Regardless of age or ability, many older adults seek to remain active and purposefully participate in and contribute to community life. Important opportunities include volunteering, participating in community groups, adult learning, gardening and socialising in community.
- Older adults are valued carers in our community. They provide significant amounts of unpaid care for people with age related conditions, people with disabilities, mental health issues, substance abuse disorders, chronic illness, and care of grandchildren.

<sup>&</sup>lt;sup>9</sup> https://psychweek.org.au/wp/wp-content/uploads/2018/11/Psychology-Week-2018-Australian-Loneliness-Report.pdf

# **Council's commitments and goals**

Based on the data, research and what we have heard, over the next six years Council has set out a Framework with key commitments and goals, where we will focus our efforts and resources on creating a more age friendly and liveable Banyule for older adults.

# Commitment 1. We will address ageism and honour the wisdom and experience of older adults.

To achieve this commitment, we will strive to achieve these goals:

- 1. Increase the visibility of older adults and reduce ageist attitudes and actions, including through continuing support of the EveryAGE Counts campaign.
- 2. Promote the rights of older adults and value, enable, and elevate the visibility of their contributions to our Banyule communities.
- 3. Broker opportunities for more intergenerational activities.
- 4. Enhance the protective factors within communities to safeguard against elder abuse.
- 5. Find new ways to recognise the significant and increased contributions to community of older adults.
- 6. Seek older adults' advice and input on local matters and decisions that impact them and their community.

### Commitment 2. We will support civic and social participation and connections.

To achieve this commitment, we will strive to achieve these goals:

- 1. Deliver programs that support older adults to remain mobile within our communities.
- 2. Advocate with our older adults for safe and accessible parking options.
- 3. Support older adults to participate in social activities and programs that foster connections.
- 4. Support older adult clubs/community groups and individuals to meet locally by providing access to facilities and improving accessibility, affordability and reducing administrative burdens.
- 5. Increase participation of older adults regardless of their background or identity in social activities in Banyule.
- 6. Increase opportunities for older adults' participation in recreational, sporting, health and fitness activities in Banyule and via engagement in well located multipurpose community meeting facilities.
- 7. Provide social support programs for our most vulnerable and harder to reach older adults.
- 8. Support older adults providing unpaid care to maintain meaningful social connections.
- 9. Support older adults to connect with local volunteering and employment opportunities and showcase the value of employing older adults in local jobs.
- 10. Support older adults to provide leadership and advice on local matters and decisions that impact them.

### Commitment 3. We will support older adults to live and age well.

To achieve this commitment, we will strive to achieve these goals:

- 1. Monitor and advocate in partnership with older adults for increased provision of affordable, accessible and quality health services in Banyule.
- 2. Monitor and advocate with our older adults to improve access to high quality local aged care services, including residential services.
- 3. Support older adults to downsize within their established neighbourhoods by advocating for diverse, accessible, quality and affordable local housing options.

- 4. Support older adults to pursue lifelong learning and skill development opportunities in Banyule, including addressing the digital divide.
- 5. Remove barriers to enable safe, convenient, and confident local travel through and within Banyule, with a focus on walkability and public transport.
- 6. Improve outdoor and public spaces to make them accessible and amenable for older adults. This includes the installation of street furniture, access to public toilets and street lighting.
- 7. Continue to develop and establish green spaces and plant more trees to provide shading.
- 8. Enable access to affordable activities such as health education and exercise to support older adults to optimise their health and wellbeing.
- 9. Promote and encourage older adults to continue life-long learning which supports brain functioning, mental wellbeing and social connections.

### Commitment 4. We will provide access to information and communication.

- 1. Provide access to information in a range of formats on programs, services, clubs and initiatives that are available in Banyule.
- 2. Support older adults to understand the range of services available and navigate the services they need.
- 3. Maintain and improve multiple communication channels to support older adults to access the information they need to make informed decisions, including information that helps older adults manage:
  - a. Cost of living pressures
  - b. Housing
  - c. Good mental and physical health
  - d. Upholding rights
  - e. Social support
- 4. Communicate more effectively with older adults, by using a variety of methods that are accessible and/or preferred by older adults i.e., digital or paper copy.

# Hallmarks of Council's approach

This Framework seeks to create multiple, lasting benefits for older adults through committing to intentional, collaborative and outcomes focused ways of working. These are the hallmarks of Council's approach:

### We foster equity and respect

- We embed in our daily work the pillars of social justice access, equity and participation and rights.
- We elevate visibility and awareness of older adults within our communities and neighbourhoods.
- We address attitudes and perceptions that reinforce inequities for older adults.
- We support independence, well-being and quality of life for older adults.
- We support older adults to equitably access opportunities and resources, recognising that some of their constraints can be more impactful than that of younger generations.
- We acknowledge the social and economic contributions and value that older people make to families and communities.

### We collaborate

- We engage with our communities to better understand the lived experience of older adults, their needs and aspirations.
- We work with a diverse range of stakeholders who are present, relevant and engaged to foster an integrated approach to ageing.
- We focus efforts on creating synergies and finding new ways of working together.
- We advocate together to address issues and barriers.

### We are outcomes focused

- We deliver initiatives and services that accelerate measurable outcomes.
- We proactively identify and address barriers that reinforce inequities for older adults.

# **Oversight and implementation of the Framework**

Banyule's Age Friendly Committee, consisting of a broad range of older adults who live in or have a strong connection to Banyule, hold responsibility for overseeing this Framework. This committee will guide the development of the annual actions that Council will implement and report on to achieve the goals.

The annual actions will be endorsed by Council and represented in Council's *Inclusive Banyule Integrated Annual Action Plan*. Progress and achievements will be reported to the Age Friendly Committee bi-monthly and to Council annually.

The Committee is responsible for gathering and sharing community feedback on the success of Council's actions and will make recommendations to Council on future actions required.

The Age Friendly Committee's Terms of Reference can be viewed on Council's website.

# How we will measure success

We will use a range of methods to measure the success of this Framework. We will:

- **1.** Monitor trends from existing datasets such as the Banyule Household Survey or ABS Census (see Appendix 1).
- 2. Regularly evaluate the actions as incorporated in the annual Inclusive Banyule Action Plans.
- **3.** Monitor published and Council's service level data.
- **4.** Address data gaps (See Appendix 2) related to the commitments through methods such as qualitative surveying of older adults.

These methods will be reported back to Council and the Age Friendly Committee throughout the term of the Framework.

Table 1: Indicators from existing data sets

Commitment	Target	Indicator	Source	Benchmark
We will work towards addressing ageism and honour the wisdom and experience of older adults	Increase	Banyule is seen as an Age Friendly Community	Banyule Household Survey	2022= 7.8
	Increase	Older adults feel like they are part of the community	Living in Banyule Survey	2023= 6.9
	Increase	Feeling safe	Living in Banyule Survey	2023= 7.4
	Decrease	Crimes against older adults	Crimes Statistics Agency Victoria	2023= 705 persons over 55yrs
We will support civic and social participation and connections	Increase	Acceptance and tolerance of cultural and religious difference	Living in Banyule Survey	2023= 6.5
	Increase	Perceived social wellbeing	Living in Banyule Survey	2023= 7.9
	Increase	Experience of Banyule's cultural facilities and events	Living in Banyule Survey	2023= 5.7
	Increase	There are good opportunities to connect with others in the community	Banyule Household Survey	2022= 6.69
	Increase	Participation in community groups	Banyule Household Survey	2022= 51.3%
	Increase	Participation in Banyule Council Consultations	Banyule Household Survey	2022= 7.55%
	Maintain/Decrease	Older adults who are unemployed	ABS Census	2021= 3.2%
	Increase	Older adults in voluntary work	ABS Census	2021= Persons 65+= 3623
	Increase	Experience of shopping, leisure and dining	Living in Banyule Survey	2023= 6.9
	Increase	Experience of sports and recreation facilities	Living in Banyule Survey	2023= 7.1
We will support older adults to live and age well	Increase	Physical health Mental health	Living in Banyule Survey	2023= 7.3 2023= 8.2
	Increase	High quality education opportunities	Living in Banyule Survey	2023= 7.4
	Increase	Good access and experience with health services	Living in Banyule Survey	2023= 7.5
	Increase	Older adults with income above the 'lower' range	ABS Census	2021= persons 65+= 19,031
	Increase	Perception of housing affordability and homeowner / renter status	Living in Banyule Survey / ABS Census	2023= 5.7

	Decrease	Number of footpath major defects identified in 1000km of footpath	Banyule Footpath Audit outcomes	2023=16,617 major defects across 946KM of footpaths
	Increase	Public transport experience & accessibility	Banyule Household Survey / Living in Banyule Survey	2023= 7.1
	Increase	Proportion of Age friendly park benches in the community	Banyule SSA	2023= 917
	Increase	Ease of local travel	Living in Banyule Survey	2023= 6.1
	Increase in the good rating	Satisfaction with elderly support services	Community Satisfaction Survey	2023= 31%
We will provide access to information and communication	Increase	Banyule Banner engagement	Banyule Household Survey	2022= 46%
	Increase	Good access to health advice	Banyule Household Survey	2022= 8.0
		Age in Focus newsletter distribution & engagement including digital subscribers, hardcopy mail list	Community Connections Team / Communication Team data / survey	2023= 1331 digital subscribers, 898 hardcopy mail list

### Appendix 2: Identified data gaps

### **Commitment 1**

- Experiences of ageism.
- Perceived attitudes towards older adults.
- Experiences of feeling respected and acknowledged.
- Perception that older adults are visible in the community.
- Perception that views and contributions to Council matters are actively sought, listened to, and considered.

#### **Commitment 2**

• Residents over 70 years voting in Council Elections

### **Commitment 3**

• Experiences of public amenity, including toilets, footpaths and street lighting.

### **Commitment 4**

- Experiences of support or difficulties with digital literacy.
- Service navigation.
- Accessibility of communication materials from Council.