

# Improving wellbeing

## Victorian Public Health and Wellbeing Priorities 2023 - 2027

What we are all working towards:

Having our basic needs met before we can focus on other aspects of wellbeing

Feeling safe and being respected for who we are

Feeling connected to each other, our communities, cultures and spaces around us

Understanding how we can navigate our wellbeing through the ups and downs of life

Having opportunities to create meaning in our lives

## What's happening in Banyule?



Many people experience long term health conditions, with 25-34 and 85+ year olds reporting the highest rates



More residents in the West, North and Mid precincts report experiencing long term mental health conditions than those in the East and South precincts.



2.9% of Banyule adults report “high” or “very high” levels of psychological distress

